

# SCHOOL LUNCH MENU

	Week 1	Weeks commencing 7/06, 28/06, 19/07, 20/09, 11/10	Week 2	Weeks commencing 14/06, 05/07, 06/09, 27/09, 18/10	Week 3	Weeks commencing 21/06, 12/07, 13/09, 04/10
Monday	New york hot dog & ketchup served with wedges or pasta, beans or vegetables	Sweet Chinese noodles served with roasted vegetables.	Sausage & mash served with vegetables or beans in a rich gravy	Vegetarian meatballs served with vegetables, mash & gravy	American burger served with potato croquettes, beans or vegetables.	Roasted vegetable lasagne served with a seasonal salad
	100% fruit lolly, Yogurt or fresh fruit		100% fruit lolly, fresh fruit or yogurt		100% fruit lolly, yogurt or fresh fruit	
Tuesday	French bread Tomato Pizza served with pasta & sweetcorn	Sweet potato, spinach & chickpea curry served with rice & Naan bread	Hunters Chicken. Chicken topped with bacon in a BBQ sauce served with vegetables & rice.	Tomato & basil pasta bake served with vegetables & garlic bread.	All day brunch (sausage, bacon, egg, hash brown & beans)	All day veggie brunch (Quorn sausage, egg, tomatoes, hash brown & beans)
	Chocolate cornflake crispy cake, Yogurt or fresh fruit		Chocolate courgette cake, yogurt or fresh fruit		Chocolate orange muffin, yogurt or fresh fruit	
Wednesday	Roast beef with crispy potatoes, fresh vegetables, gravy & Yorkshire pudding	Roasted root vegetable pie served with roast potatoes, gravy & yorkshire pudding.	Roast chicken with crispy potatoes, vegetables, gravy & Yorkshire pudding	Vegetable cottage pie with a sweet potato mash served with fresh vegetables, gravy & Yorkshire pudding.	Roast Gammon served with crispy potatoes, fresh vegetables,gravy & yorkshire pudding	Cauliflower cheese with fresh vegetables & crusty bread.
	Refreshing Orange jelly, Yogurt or fresh fruit cocktail		Fresh fruit cocktail & ice-cream, Yogurt or fresh fruit		Strawberry jelly, Yogurt or fresh fruit cocktail	
Thursday	Spaghetti Bolognese served with seasonal vegetables or a summer salad & crusty bread	Mac n cheese served with garlic bread and vegetables	Lasagne served with seasonal vegetables or summer salad and crusty bread	Cheesy wheels with pasta, beans or sweetcorn	Chicken tikka masala with rice & naan	Pizza muffins with pasta, beans or sweetcorn
	Raspberry cupcake, yogurt or fresh fruit		Blueberry cupcake yogurt or fresh fruit		Pineapple upside down cupcake, yogurt or fresh fruit	
Friday	Fish fingers with chips served with beans or sweetcorn & ketchup	Battered Quorn dippers with chips served with beans or sweetcorn & ketchup	Battered fish with chips served with beans or sweetcorn & ketchup	Vegetable Fajita with chips.	Fish fingers with chips served with beans or sweetcorn & ketchup	Roasted vegetable quiche served with chips or summer salad
	Custard cookie, yogurt or fresh fruit		Chocolate shortbread, yogurt or fresh fruit		Jammie dodgers, yogurt or fresh fruit	

# SCHOOL LUNCH MENU

Jacket potato option available everyday with either cheese, beans, tuna and coleslaw, salmon will also be available every Wednesday on week 2.

**Jacket fillings:** Cheese  Tuna  (with mayonnaise   ) Coleslaw (with mayonnaise   ) Beans

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch. We cater for all dietary needs; ingredients can be substituted or recipes adapted please speak to your kitchen manager.

 Handmade  Vegetarian.

## ALLERGENS

 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk
 Mollusc	 Mustard	 Tree Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide

## LIGHT CHOICES

Week 1

Week 2

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday