## SCHOOL LUNCH MENU-FOR ALLERGEN INFORMATION SEE NUMBER CODES BELOW

	Week 1	W.C: (30.10) (20.11) (11.12) (08.01) (29.01) (26.02) (18.03)	Week 2	W.C: (06.11) (27.11) (18.12) (15.01) (05.02) (04/03) (25.03)	Week 3	WC: (13.11) (4.12) (01.01) (22.01)(19.02) (11.03)
Monday	Pork meatballs in a rich tomato sauce served with pasta & a side of vegetables 2	Vegan meatballs in a rich tomato sauce served with pasta & a side of vegetables 2	Pepperoni French bread pizza & pasta served with a side of vegetables or beans 2,7,13	Tomato pasta bake served with vegetables & warm crusty bread 2,7	All day breakfast: Sausage, bacon, scrambled egg, beans & hash brown 2,4,7,14	All day veggie breakfast: veggie sausage, roasted tomato, scrambled egg, beans & hash brown 2,4,7
	Chocolate ice-cream & wafers 2,4,7,13 fresh fruit or yogurt 7		Melon & orange medley or yogurt 7		Blueberry muffins 2,4,7 fresh fruit or yogurt 7	
Tuesday	Favourite cheesy wheels served with pasta, sweetcorn or beans 2,4,7,9	Mexican meat free toasted burrito served with savoury rice & a side of vegetables 2,9,13	Bangers & creamy mash, served with vegetables & a tasty gravy 1,2,14	Veggie bangers & mash, served with vegetables & a tasty gravy 1,2	Slow cooked braised beef in gravy served with mashed potato and winter vegetables 1,9	Cheese & tomato pizza muffins served with seasoned wedges & sweetcorn 2,7 mc12
	Tangy orange jelly, fresh fruit or yogurt 7		Chocolate courgette muffins 2,4,7 fresh fruit or yogurt 7		Chocolate crispy cakes 2,7 fresh fruit or yogurt 7	
Wednesday	Roast chicken & stuffing served with crispy roast potatoes, fresh carrots, broccoli, Yorkshire pudding & gravy 1,2,4,7	Vegetarian sweet potato cottage pie in a rich gravy served with fresh carrots, broccoli & Yorkshire pudding 1,2,4,7	Roast beef & Yorkshire pudding served with crispy roast potatoes, fresh carrots, peas & gravy 1,2,4,7	Cauliflower cheesy bake served with fresh carrots, peas, Yorkshire pudding & gravy 1,2,4,7,9	Roast pork loin & apple sauce served with crispy roast potatoes, fresh carrots, broccoli, Yorkshire pudding & gravy 1,2,4,7	Cheese & leek homity pie served with crispy roast potatoes, fresh carrots, broccoli, Yorkshire & gravy 1,2,4,7,9
ay	Lemon drizzle muffins 2,4,7,14 fresh fruit or yogurt 7		Vanilla ice-cream & wafers 2,4,7,13 fresh fruit or yogurt 7		Fruit cocktail, fresh fruit or yogurt 7	
Thursday	Texan beef burger (cheese & BBQ sauce optional) with homemade seasoned wedges/pasta, sweetcorn or beans 2,13,14 mc12	Caribbean Jambalaya: A tasty vegetable & rice dish full of flavour & goodness, served with a side of tortilla chips & salsa 2,9,13	Italian spaghetti Bolognese served with parmesan (optional) vegetables & warm crusty bread 1,2,7	Singapore vegetable & Quorn noodles, with stem broccoli, baby corns in a sweet sticky sauce 2,4,9,13	Indian butter chicken curry served with fluffy rice, a side of green beans/sweetcorn & mini naan bread 1,2,7,9,14	American Mac 'n' cheese served with vegetables/beans & warm crusty bread 2,7,9
	Toffee apple pancakes 2,4,713 fresh fruit or yogurt 7		Orange polenta cake 2,4 fresh fruit or yogurt 7		Chocolate shortbread fingers 2 fresh fruit & yogurt 7	
Friday	Battered fish and chips served with peas or beans & ketchup 2,5	Cheese & bean pasty served with chips, peas or beans 2,7	Fish fingers & chips served with sweetcorn or beans & ketchup 2,5	Halloumi & sweet chilli burger & chips served with sweetcorn 2,4,7,13 mc12	Fish & chips served with sweetcorn or beans & ketchup 2,5	Vegan battered dippers & chips served with sweetcorn or beans & ketchup 2
	Creamy custard cookie & juice 2 fresh fruit or yogurt 7		Shortbread cookie & juice 2 fresh fruit or yogurt 7		Jammie dodgers & juice 2,4,7,14 fresh fruit or yogurt 7	

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A Jacket potato option is available everyday all served with seasonal vegetables.

**Jacket fillings:** Cheese 7 beans, cheese & beans 7 tuna mayo 4,5 salmon mayo 4,5

<u>Light option Panini's are available every Tuesday & Thursday served with a warm pasta salad.</u>

Panini fillings: Tuesday Cheese 2,7 Thursday Ham 2

In order to promote healthy eating, we provide the children with a fresh salad bar daily, this consists of: Spinach, mixed salad leaves, grated carrot, cucumber, cherry tomatoes, mixed peppers, sweetcorn & homemade coleslaw.

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch. We cater for all dietary needs, ingredients can be substituted or recipes adapted to suit your child, for further queries or Allergen information please speak to your Catering team.

## **ALLERGENS**

