



Elburton Primary School

Physical Education Policy

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1. Intent

At Elburton Primary School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. It is our curriculum intent that all pupils are provided with access to high quality PE and sport provision that inspires children through enjoyable, challenging and inclusive lessons. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide opportunities for pupils to develop life skills as well as providing them with opportunities to take part in competitive sport.

“Inspiring today’s children for tomorrow’s world.”

Our mission statement and curriculum charter (safe, inspire, pride, flourish, respect) underpins our belief that inspiring and encouraging young children in sports will help to develop a positive attitude and growth mindset towards leading healthy and active lifestyles through to secondary school and beyond.

2. Implementation

Elburton’s PE curriculum is a coherently planned and ambitious curriculum that is used by all teachers across the school. This curriculum ensures teachers create a positive environment that will enable all pupils to focus on their learning and the skills they need to be physically and mentally healthy throughout their lives.

-We provide high quality PE lessons twice a week covering: gym, dance, fundamental skills, net and wall, invasion games, athletics and striking and fielding, swimming, Outdoor Adventurous Activities (Y1-Y6) and forest school (EYFS).

-Our PE team carefully map out our provision and plans are updated regularly. The progression of PE has been carefully planned to ensure that children develop key skills, which are closely assessed throughout lessons, as well as recorded at the end of a unit.

-We employ specialist PE coaches throughout the year to work alongside class teachers to provide CPD for staff and coaching for children. The aim of this is to continually upskill teachers to ensure sustainability for the future.

-Alongside our curriculum lessons, physical activity is encouraged on a daily basis to encourage children to be active between the teaching of lessons.

-We ensure lunchtimes and playtimes are active and physical activity is encouraged, purposeful and led by staff and Play Leaders using a range of equipment.

-We provide Change 4 Life, led by an adult during lunchtimes to promote and increase activity level for a targeted group of inactive children.

-We offer a range of after school clubs every day which are inclusive, enjoyable and provide children with the opportunity for physical activity beyond the school day.

-Children have the opportunity to participate in a variety of inclusive competitive sports throughout the year and an annual sports day.

-Funding

PE Sports Premium is used to develop Teachers CPD to provide quality PE and Sports provision, and maximise participation in competitive sports. Elburton School is part of the Plymouth School Sports Partnership. This partnership provides Elburton with an external, specialist sports coach to deliver high quality PE lessons alongside the support of the class teacher. The partnership also allows us to take part in a number of competitive level 2 (local) and often level 3 (county) events. Please see Appendix 1 (PE Funding) to see how else the funding supports the provision of PE at Elburton.

-Competition

Elburton recognises the importance of healthy competition in sport. PSSP focuses on local and country tournaments for KS2, as well as KSEND competitions/festivals for KS1 and KS2. Level 1 competitions are planned within the curriculum (on a half-termly basis) to ensure all children take part in competitive sports through inter-class and intra-class games as well as personal best targets.

3. Impact

The high-quality teaching of PE will create pupils with a positive attitude towards physical activity for life. We believe children should be physically educated so that they develop in-depth knowledge of the relevant skills across PE, and therefore succeed. Monitoring the progress of fundamental movements skills in a range of physical activities ensures that children at Elburton leave with the confidence to continue their physical education beyond primary and secondary school.

4. Teaching and Learning

Teachers have access to a range of resources as well as use of their own knowledge and expertise to plan and teach sequential blocks of learning. Each block is broken down into small steps to enable each child to succeed.

Teachers provide children with opportunities to participate in a range of activities and evaluate their own performance. Children experience a range of opportunities to work individually, in pairs or in groups.

Lesson structures vary lesson to lesson, but will include:

- A clear learning intention and the steps to success clearly explained by the teacher
- A warm up that often develops across several lessons
- There is a direct teaching of skills, such as fundamental movements skills or multi-ability skills that focuses on agility, balance and co-ordination
- Children are given the opportunity to practise the skill independently and/or cooperatively
- Children may be given the opportunity to evaluate their performance so far and considers ways to improve the skill. They will then be given an opportunity to improve their personal best.

5. Assessment

Assessment of PE is an ongoing process. Throughout lessons, teachers carefully observe and assess using the STEP framework to ensure each child makes the full progress that they are capable

of. The assessment of PE at Elburton is in accordance with the National Curriculum 2014 attainment target.

6. Swimming Provision

We are fortunate enough at Elburton to have our own outdoor swimming pool. Swimming is taught in the Summer term by all teachers (who are trained on a 3-yearly basis). Please see the separate swimming policy for more information on this.

7. EYFS

Physical development in the Early Years Foundation Stage is a key area of learning. There are two strands under Physical Development; Moving and Handling and Health and Self-care.

Moving and Handling: Children learn to develop good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.

Health and self-care: Children learn the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Children in the EYFS access time and space to enjoy energetic play daily, using large portable equipment. Furthermore, specific Physical Development lessons give children the opportunity to practise movement skills through games with beanbags, cones, balls and hoops. They participate in activities where they can practise moving in different ways and at different speeds, balancing, target throwing, rolling, kicking and catching. These skills can then be built on when children enter KS1.

8. Equal Opportunities

We are committed to promoting equal opportunities irrespective of socioeconomic background, gender, disability and ethnicity in all areas of the curriculum. We believe that children should have equal access to and participation in a range of physical education activities.

9. Inclusion

At the School we are committed to ensuring that all children participate in PE and physical activity irrespective of any special educational need(s) or physical disability they may have. We believe that children should have equal access to and participation in a range of physical education activities in order to reach their own potential. The PE subject leader will liaise with staff to ensure that a range of children are selected for events. For other events, we target SEND children or Gifted and Talented children where appropriate.

10. Role of the Subject Leader

Training - Provide support and training for staff in-house, including the planning, teaching, assessing, and evaluating of the P.E. curriculum.

-Provide up-to-date information for teachers on (online) resources in PE and new initiatives/schemes.

-Seek further training and support from specialist teachers and coaches, and via the SGO (School Games Organiser).

- Timetable specialist teachers and coaches
- Ensure the PE curriculum resources available to teachers are of a good standard and a quantity.
- Promote PE and Sport across the school, encouraging children's participation and celebrating both involvement and success.

11. Organisation

- Register the school for various local sporting events (Plymouth Sports Partnership).
- To report on school swimming attainment annually and record this online.
- Complete Risk Assessments for sporting events.
- Organise Sports Day(s) annually.
- Report to the Curriculum leader, Head Teacher and Governors on PE.
- To complete the 'Evidencing the Impact of the Primary PE and Sport Premium' document annually (liaising with the Head Teacher).

12. Parents

We at Elburton Primary School actively encourage the involvement of families and the wider community to help support and promote the teaching of Physical Education. Parents are also actively encouraged to support children in attending level 2 competitions.

13. Health and Safety (refer to healthy and safety policy? And uniform policy?)

Health and good safe practice is always emphasised in each environment, including the handling of equipment. Appropriate clothing is essential and children's attire is checked by teachers prior to undertaking PE activities.

a) PE Kit

Children are encouraged to wear appropriate PE clothing. Shorts/jogging bottoms, t-shirts and sensible footwear for outdoor activities are recommended. Children are encouraged and regularly reminded to bring P.E kits. KS1 and KS2 children are encouraged to change into PE kit for PE lessons to support transition to secondary school and to promote good hygiene. Teachers send polite reminder messages home to remind parents of children who have failed to wear PE kit. Children are bare-footed for gymnastics lessons, though they must bring their shoes to the lesson and leave them at the side in case of a fire emergency.